EMPHASIS

SPORTSCAPE EDUCATION

SPORTS COACHING GROUP

Empowering Communities, Inspiring Futures

Our tailored **PSHE programmes** combine **education with physical activity** to build confidence, resilience, and essential life skills. From leadership opportunities, active learning in maths and reading to supportive girls only sessions, we offer **inclusive initiatives aligned with the National Curriculum** to help pupils lead healthier, more active lives.



PLAYLEADERS

Curriculum Links: PSHE, PE, Citizenship
Outcomes:

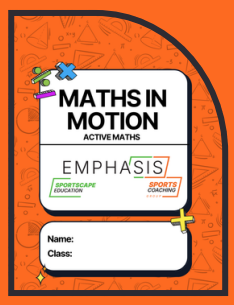
- Develop leadership and communication by planning and delivering structured playground activities.
- Demonstrate teamwork and cooperation, supporting younger pupils during play.
- Apply basic safety principles when organising games.
- Promote positive relationships and reduce conflict.
- Build confidence and independence.



GIRLS ONLY

Curriculum Links: PSHE, PE
Outcomes:

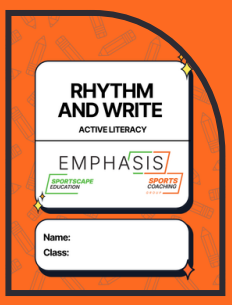
- Strengthen self belief and resilience, using movement to explore confidence and personal strengths.
- Improve body awareness and self-esteem.
- Develop social interaction skills.
- Reduce anxiety by practising regulation strategies taught through physical activity.
- Increase participation and willingness to try new challenges in school life.



MATHS IN MOTION

Curriculum Links: Maths, PE, PSHE
Outcomes:

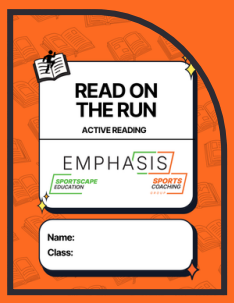
- Improve number fluency through kinaesthetic learning tasks.
- Strengthen problem solving and reasoning.
- Increase engagement and motivation for pupils who struggle with traditional maths approaches.
- Build confidence and persistence, reducing maths anxiety.
- Support pupils in meeting age related expectations through active reinforcement.



RHYTHM AND WRITE

Curriculum Links: English, PE, PSHE
Outcomes:

- Strengthen phonics, spelling and writing fluency through rhythm based repetition.
- Improve sentence construction, vocabulary and handwriting using active learning strategies.
- Increase engagement for reluctant writers by making literacy physical and enjoyable.
- Build confidence in written communication, supporting progress toward age related expectations.



READ ON THE RUN

Curriculum Links: English, PE, PSHE
Outcomes:

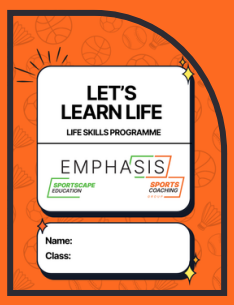
- Improve reading fluency and comprehension through active reading tasks.
- Strengthen vocabulary development and understanding of story structure.
- Increase motivation and enjoyment for reluctant or low confidence readers.
- Build confidence in reading aloud, paired reading and group tasks.
- Support pupils in meeting reading curriculum expectations through practical reinforcement.



READY TO RISE

Curriculum Links: PSHE, RSE, Citizenship
Outcomes:

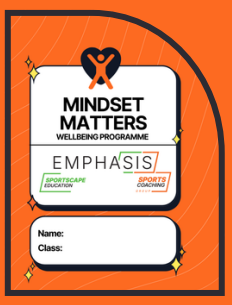
- Prepare pupils for secondary school by developing organisation, independence and routine building.
- Strengthen emotional readiness, including managing change, coping with uncertainty and building resilience.
- Improve communication and teamwork skills and communication to support new social environments.
- Reduce transition anxiety through structured discussions and practical preparation tasks.



LET'S LEARN LIFE

Curriculum Links: PSHE, Citizenship, RSE
Outcomes:

- Develop communication, teamwork and problem solving.
- Strengthen independence, including organisation, planning and everyday decision making.
- Improve emotional awareness, recognising feelings and responding appropriately.
- Build responsibility and positive behaviour.
- Apply life skills in practical scenarios to build long term confidence.



MINDSET MATTERS

Curriculum Links: PSHE, Citizenship, RSE
Outcomes:

- Develop communication, teamwork and problem solving.
- Strengthen independence, including organisation, planning and everyday decision making.
- Improve emotional awareness, recognising feelings and responding appropriately.
- Build responsibility and positive behaviour.
- Apply life skills in practical scenarios to build long term confidence.



COMMUNITY CHAMPIONS

Curriculum Links: Citizenship, PSHE, SMSC
Outcomes:

- Develop teamwork, kindness and responsibility through community focused tasks.
- Strengthen school community involvement, contributing to school culture.
- Promote positive role modelling, linking to behaviour and values curriculum.
- Demonstrate understanding of how individual actions impact the wider community.



FUTURE FOOTPRINTS

Curriculum Links: Citizenship, PSHE, SMSC, British Values
Outcomes:

- Understand how to make a positive difference within the school or local community.
- Develop planning, teamwork and project management skills.
- Build empathy, kindness and social responsibility.
- Create and deliver a real social action project, evidencing impact.
- Strengthen leadership and communication through community engagement.